



Name: \_\_\_\_\_

**Workshop Choices:** Please choose **one** for each time period. Remember to mail this form back with your registration. Fill out a form for each person you register.

**8:45 – 9:30 Keynote:**

The Call of Prime Time: Reinventing Yourself in the Second Half **with Gregg Levoy**

**9:45-11:00 Workshops**

- Lifestyle:** Scott Woodard, *Your Brand in the Second Half of Life*
- Wellness:** Martha Williams, *Yoga for a Peaceful, Powerful YOU*
- Work:** David Lee, *Using “what brings you alive” as your Second Act GPS*

**11:00-11:15 Break**

**11:15-12:30 Workshops**

- Lifestyle:** Doug Babkirk and Kate (Babkirk) Brandeis, *The Art of Grandparenting*
- Lifestyle:** Susanna Liller, *Walk the Labyrinth, Step Into Your Knowing*
- Wellness:** Anne Butler, *Choosing Wisely: Conversations at the End of Life*
- Work:** Barbara Babkirk, *Three Key Elements to Guide Your Second Act*

**12:30-1:15 Lunch & Networking**

- Regular delicious lunch
- Gluten-free delicious lunch
- Vegetarian delicious lunch

**1:30-2:45 Workshops**

- Lifestyle:** Amy Wood, *Envisioning Your Future Together: A Workshop for Couples*
- Lifestyle:** Tom Butler, *An Interview of Lifetime: Let Your Life Speak*
- Wellness:** Peg Doyle, *Live Long and Well Through Thoughtful Nutrition*
- Work:** Nancy Strojny, *50+ is the new Business Start-up Generation!*

**3:00-4:00 Interactive Closing Session: Purpose in Your Second Half – Gregg Levoy**

**4:00-4:30 Networking, book signings & sales, raffle**